

SLIME

1. 1 cup cornflower
2. Add enough water to make a firm, yet pliable, slightly runny consistency.
3. Use food colouring or paint to add colour.
4. Shape into a ball then watch as the slime 'melts' and runs through your fingers!

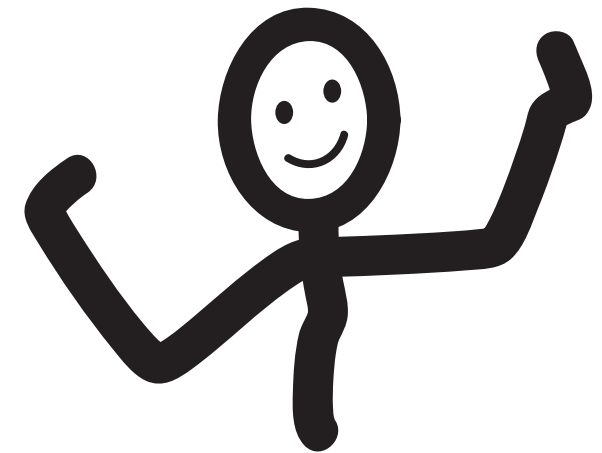
Other comments or suggestions:

Fizzy's Training Games: Clever Hands Resource

Resource List For O.T. Programmes

Date of Review: May 2009

Date of Publication: May 2008



A programme compiled by
Occupational and Physiotherapists.

Advice for
parents, carers and education staff.

www.eastcoastkentpct.nhs.uk

Comments or suggestions should be directed to:

Head of Occupational Therapist or
Superintendent Physiotherapist

Children's Assessment Centre

Kent & Canterbury Hospital
Ethelbert Road, Canterbury, CT1 3NG
Phone: 01227 783043 Fax: 01227 783185

If you would like this leaflet in another format or
language please contact the Communications Team

By telephone: 01227 791161 or
Email: communications@eastcoastkent.nhs.uk

PALS
Patient Advice and Liaison Service

If you need information, support or advice about
our services, please contact PALS.

Phone: 0800 085 6606
Email: pals@eastcoastkent.nhs.uk

Leaflet code: 0102

Written Materials and Programmes:

Fine Motor Dysfunction:

Therapeutic strategies in classroom.
K. Johnson Levine (1991)

Therapy skills builders.
(A division of communication use psychological corporation)
Telephone: 0171 424 4456.

Resources also available from certain high street bookshops. Practical strategies to use and activities to develop fine motor skills.

Sensory Motor Activities for Early Development:

C. Hong, H. Gabriel et al. Winslow Press Ltd. (1997)
(Has reproducible activities)
Website: www.winslow-cat.com
Telephone: 0845 230 2777

Hands at Work and Play:

Developing fine motor skills at school and home.
J. Knight and M. Decker (1994)
(Has reproducible activities)

Therapy skill builders.

Pre Scissor Skills:

A success learning programme for teaching sequential scissor skills to preschool and developmentally delayed students.
M. Klein (1987)

Therapy skill builders

Developing Scissor Skills:

A Guide for Parents and Teachers.
S. Mahoney and A. Markwell. Peta (UK) Ltd.
(Has reproducible activities)
Address: Marks Hall Lane, Margaret Roding, Chelmsford, Essex, CM6 1QT.
Website: www.peta-uk.com

Learn to Cut:

A structured programme of cutting tasks with reproducible patterns.
R. Wolfe (1987)

Communication skill builders.

Pre-writing Skills:

A success learning programme for teaching sequential pre-writing skills to preschool and developmentally delayed children.
M. Dunn (1982)

Communication skill builders.

The Teodorescu Perceptuo Motor Programme:

A unique programme to develop the fine motor and perceptual skills necessary for effective handwriting.
I. Teodorescu and L. Addy (1996)
(Reproducible worksheets)
Address: LDA, Duke Street, Wisbech, Cambridgeshire, PE13 2AE
Website: www.ida.learning.com

Speed Up!

A kinesthetic programme to develop fluent handwriting.
L. Addy (2004)
Address: LDA, Duke Street, Wisbech, Cambridgeshire, PE13 2AE
Website: www.ida.learning.com

Mazes:

Photocopy masters for Developing Fine Motor Skills.
Address: LDA, Duke Street, Wisbech, Cambridgeshire, PE13 2AE
Website: www.ida.learning.com

Equipment:

Graded therapeutic putty and graded pegs:

LDA Ref: LD765 provides graded resistance, available from Home Craft Ability One Catalogue.
Address: P.O. Box 5665 Kirby in Ashfield, Nottinghamshire, NG17 7QX
Website: www.homecraftabilityone.com
Telephone: 01623 757555

Range of hand toys for Fizzy hands programme:

Available from many high street retailers and catalogues.

Graded therapeutic putty:

PhsioMed Service Ltd
Telephone: 01457 860444

Nottingham Rehab Supplies

Website: www.nrs-uk.co.uk
Telephone: 0845 120 4522

Task Master Ltd resources catalogue:

For various pencil grips, comfort grips, stubbi grips, rigid comfort pencil grips.
Website: www.taskmasteronline.co.uk
Telephone: 01162 704286

Philip and Tracey Limited:

Lycra graphite pencils (thick, short, triangular shaped pencils) and sloping desk.
Website: www.philipandtracey.co.uk
Telephone: 01264 332171

Round and Round the Garden Play Rhymes for Young Children:

Compiled by Sarah Williams, illustrated by Ian Beck
© Copyright to Oxford University Press (1983)

Boots the Chemist:

Knife, fork and spoon cutlery set with moulded handles.