

The Lift Up

THE HALF-TERMLY NEWSLETTER FOR YOUNG PEOPLE WITH AUTISM

THIS WEEK: Exam news, #be part of the solution, be a film maker!

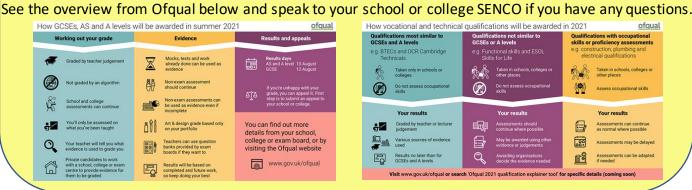
Welcome back! #SurvivedLockdown #SurvivedHomeschooling #SurvivedSchoolUntilEasterBreak

No matter how you have found the last few weeks and months, AMAZING, AMAZING effort! You should all be very PROUD; you have got through the latest stage in this global crisis! Wow!

EXAM UPDATE

Exams and assessments in schools will continue where possible, but you will only be assessed on what you have been taught. Your teacher will use their judgement to help grade and may use evidence from work you have already done.

Occupational skills that need to be seen and can be assessed will be conducted safely.







Check out this video:

#BePartOfTheSolution

https://www.youtube.com /watch?v=09Ri180-Qg0

YOUNGMINDS



If you have been affected by the virus and need some support find Young Minds on facebook, instagram, you tube, twitter or for urgent contact: text YM to 85258

BOREDOM BUSTERS!

KEEP ACTIVE



Try out the Nike Trainer app. <u>Free</u> to download it has loads of workouts, plans, advice and general fitness motivation.

ON THE WEB

National Geographic Kids

You don't have to subscribe to the magazine (unless you want to!), there are lots of fun bits to do on the website:

https://www.natgeokids.com/uk/



TO PASS THE TIME:



The New Legends of Monkey

A quest to free the Monkey King, find the scrolls and save the world!

Netflix/BBC

Cosy Corner

THE WEEK

Fantastic current affairs magazine for 8-14year olds. First 6 issues free, subscription charges apply after.



HOW TO:

Short film making



Why not have a go at recording your own short film with these 5 easy steps. What will yours be about?

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1. Choose a short script



2. Create a story board







3. Scout out filming locations



5. Edit

For more info go to: https://www. intofilm.org/

Your Say



We would love to hear from you about what you are doing.

Get in touch at:

SENandInclusion@Peterborough.gov.uk

*Please Note: We cannot publish any photos that contain images of people.

We also produce two other newsletters: 'I'm a Parent Get Me Out of Here' (for parents) and 'Cozy Crew' (for younger children) - all available on our local offer web page.



Guess the 2020 family films. ANSWERS!





Sonic the Hedgehog





Dolittle

Over the Moon